

Course: Lifeguard Management



Purpose

To provide participants with the knowledge and skills needed to effectively manage lifeguards and to create an environment that keeps patrons, lifeguards and the aquatic facility safe.

Prerequisites

- None.
- It is recommended that participants—
 - Possess a current American Red Cross Lifeguarding/First Aid certificate or a current certificate from another nationally-recognized organization.
 - Have either lifeguarding experience or management experience in another occupation.

Learning Objectives

- Understand the roles and responsibilities of members of an aquatic safety team.
- Learn how to select your lifeguard team.
- Learn how to implement injury-prevention strategies.
- Learn how to prepare for and respond to an emergency.
- Learn how to keep your lifeguard team prepared.
- Learn how to build a lifeguard team.
- Learn how to reduce job-related health risks.
- Learn how to interact with the public.
- Learn how to minimize risks.

Length

7 hours, 10 minutes

Instructor

A currently authorized American Red Cross Lifeguarding instructor.

Certification Requirements

- Attend all class sessions.
- Participate in all activities.
- Correctly answer at least 80 percent of the questions on the final written exam.

Certificate Issued and Validity Period

Lifeguard Management: No validity period

Participant Materials

American Red Cross Lifeguard Management Manual with CD-ROM (Stock No. 654148)