



Course: CPR/AED for the Professional Rescuer

Purpose

To teach those with a duty to act (professional rescuers) the skills needed to respond appropriately to breathing and cardiac emergencies. This includes the use of an automated external defibrillator (AED) to care for a victim of cardiac arrest.

Prerequisites

None

Learning Objectives

- Identify the responsibilities and characteristics of a professional rescuer.
- List the series of events that occur when the emergency medical services (EMS) system is activated.
- Understand legal considerations that affect a professional rescuer.
- Recognize and provide appropriate care for breathing emergencies, including cardiac arrest, and other life-threatening injuries and illnesses.
- Demonstrate how to properly remove disposable gloves.
- Demonstrate how to perform an initial assessment.
- Demonstrate how to perform rescue breathing (adult, child and infant).
- Demonstrate how to use a BVM with two rescuers.
- Demonstrate how to care for an obstructed airway (adult, child and infant).
- Describe when and how to use an AED.
- Demonstrate how to give CPR (adult, child and infant).
- Demonstrate how to give two-rescuer CPR (adult, child and infant).
- Demonstrate how to use an AED in cardiac arrest (adult and child).
- Demonstrate how to use an AED when CPR is in progress (adult and child).

Length

Approximately 8 hours

Instructor

A currently authorized American Red Cross CPR/AED for the Professional Rescuer, Emergency Response or Lifeguarding instructor

Certification Requirement

- Attend all class sessions.
- Participate in all skill sessions and scenarios.
- Demonstrate competency in all required skills and scenarios.
- Pass the final written exam with a minimum grade of 80 percent on **both** Section 1 (24 correct answers out of 30 questions) and Section 2 (8 correct answers out of 10 questions).

Certificate Issued and Validity Period

Participants who successfully complete the course have the choice of one of the following certificates:

- CPR/AED for the Professional Rescuer and the Healthcare Provider: 2 years
- CPR/AED for the Healthcare Provider: 2 years
- CPR/AED for the Professional Rescuer: 2 years

Note: Lifeguards who successfully complete the CPR/AED for the Professional Rescuer course are issued a CPR/AED for Lifeguards certificate which is valid for 1 year.

Participant Products/Materials

- *American Red Cross CPR/AED for the Professional Rescuer Participant's Manual* (StayWell Stock No. 652162).

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